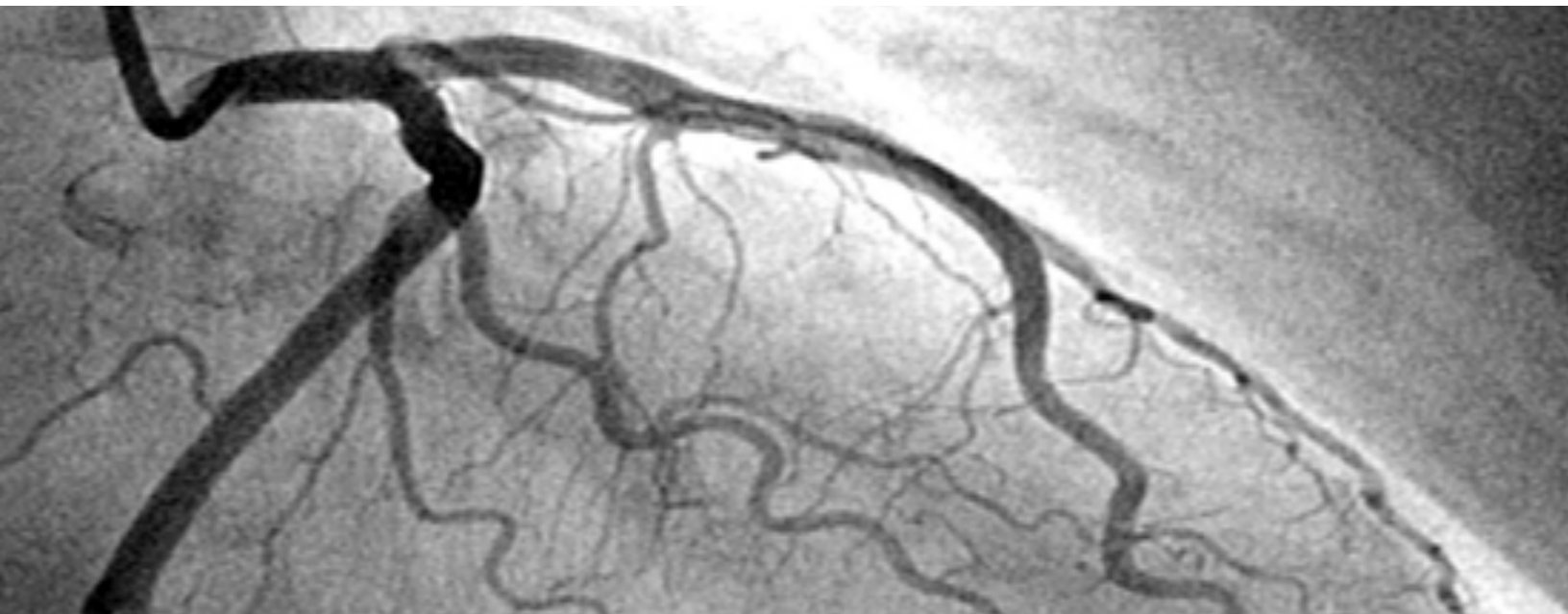


JOIN US AT ONE OF OUR FREE SEMINARS!



Caring for Your Heart

*Know the risks and learn tips on how to be
on the path to a heart healthy life*

Wednesday, September 12 • 6 p.m.

North Bergen Public Library
8411 Bergenline Avenue

Wednesday, September 19 • 6 p.m.

Guttenberg's Resource Center
Galaxy Towers Mall
7002 Kennedy Blvd. East, Unit M4



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FREE Admission. FREE refreshments will be provided.
FREE Parking. FREE Transportation Available.



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